

Dear Parents:

It has come to our attention that many parents do not know when to keep their sick child home from school. As this does have a negative effect on our school day we have decided to give you some criteria to follow.

FEVER- If your child's fever is 100 degrees or higher keep your child at home. Encourage your child to drink plenty of liquids. If you have concerns contact your pediatrician.

MILD COUGH/RUNNY NOSE – If there is no fever and the child feels fairly good, school is fine.

BAD COUGH/COLD SYMPTOMS – Children with bad coughs need to stay home and possibly see a doctor. When the cough improves and the child is feeling better, then they may return to school.

DIARRHEA OR VOMITING – **KEEP YOUR CHILDREN HOME** until the illness is over, and for 24 hours after the last episode (without medicine).

SORE THROAT – A minor sore throat is usually not a problem, but a severe sore throat could be strep throat even if there is no fever.

EARACHE – The child needs to see a doctor.

PINK EYE (CONJUNCTIVITIS) – Keep the child home until a doctor has given the OK to return to school.

RASH – Children are **NOT** allowed to be in school with a rash, unless we have a doctor's note on file.

If you are keeping your child home from school, please remember to call our nurse Mrs. Tollin at 804-1246 by 8:30 a.m. Thank you for your cooperation.